

# KAWARABAN

August, 2016

## Protecting Yourself from Natural Disasters

Natural disasters such as typhoons, heavy rainfall, snow, and earthquakes occur frequently in Japan. Having accurate information is essential in order to protect yourself from these disasters. In this issue of Kawaraban, we will introduce a few information sources through which you can receive information regarding weather and natural disasters.

### ◆ Radio and TV (Japanese, some foreign languages)

You can get the latest weather information from the radio and/or TV. In case of a power outage, it is useful to have a battery-operated or manual battery radio. Listed below are radio stations that broadcast in Miyagi Prefecture. The frequency may vary depending on the region, so please check the exact frequencies for your area.

- NHK Radio 1 (AM)
- TBC Tohoku Hoso (AM)
- Date fm (FM)
- NHK FM (FM)

\*You can listen to NHK radio broadcasts on a computer and/or a smartphone.

Radiru Radiru : <http://www3.nhk.or.jp/netradio/>

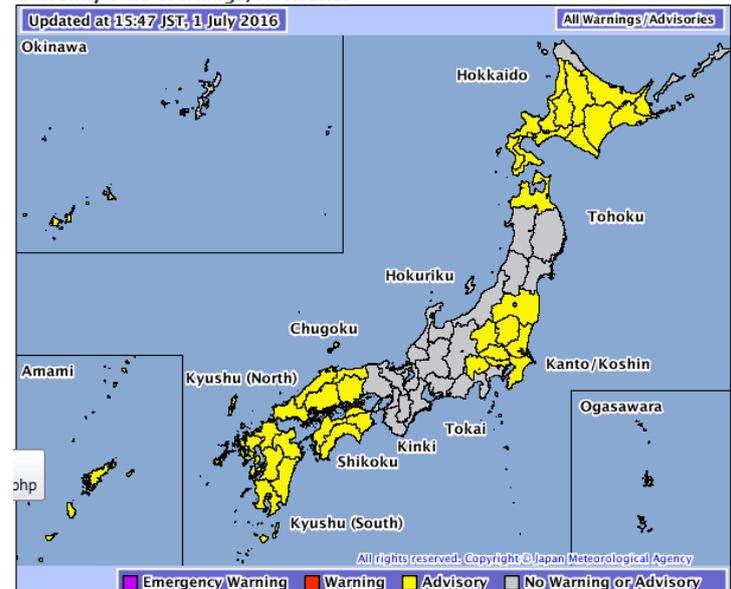
\*You can view/listen to NHK World TV and radio programs on a computer and/or a smartphone.

\*Other regional and community FM programs are also available.

### ◆ Japan Meteorological Agency (Japanese, English)

You can get the latest weather information, advisories, and warnings from the JMA website. An English version of the website is also available.

Currently valid Warnings/Advisories



### ◆ Early Warning Messages

(Japanese, some foreign languages)

The earthquake early warnings, tsunami warnings, and other warnings issued by the Japan Meteorological Agency as well as disaster and evacuation information issued by local

municipalities are sent automatically to all cell phones within a specified area. Users may need to update their settings.

DoCoMo phones (exceptions apply) enable users to receive messages and voice guidance in English, Chinese, Korean, Spanish, Portuguese, and simple Japanese.



## ◆ Safety Tips (Japanese, English, Chinese, Korean)

An app that delivers specific alerts such as earthquake early warnings, tsunami warnings, volcanic eruption warnings, etc to the user's smartphone. This service is provided by the national government, and the app can be used in English, Chinese, or Korean. Please keep in mind that warnings will stop being delivered if regional settings are not updated for a month or longer.

## ◆ Wireless Disaster Warning System (Japanese)

Disaster prevention information is broadcast through speakers set up within the municipality. Pay attention if the sirens go off and act accordingly.

## ◆ Neighbors

When evacuation instructions are given or an evacuation warning is in effect, you should reach out to your neighbors and confirm the evacuation site and route. Make sure you know who your neighbors are and keep in touch with them on a regular basis.

## ◆ Miyagi Support Center for Foreign Nationals

(Japanese, English, Chinese, Korean, Tagalog, Vietnamese, Portuguese, Indonesian, Nepali)

If you are unsure of where you should evacuate during a disaster or have other questions, please call: **022-275-9990.**