

## **Joint Message from Tohoku Region and Niigata Prefecture on Preventing the Spread of the Novel Coronavirus**

**～Working together to protect our regions～**

Since the state of emergency was declared across all prefectures on April 16, there has been a decrease in the number of new coronavirus cases in our regions due to thorough prevention measures such as self-restraint from outings. We would like to thank all residents and business owners for their understanding and cooperation.

However, taking into account the current number of infections across the nation, the state of emergency has been extended until May 31 and the situation remains highly unpredictable.

There are regions which have eased restrictions on the use of facilities, but in the event that the virus spreads again, we will reestablish thorough countermeasures. In order to prevent a second wave of infection and the collapse of the health care system, we continue to strongly request the cooperation of all residents with the following points. Tohoku Region and Niigata Prefecture would like to show our appreciation of and support for medical staff and essential workers, and we will continue to work together to bring about an end to the spread of the novel coronavirus.

### **1 Continued Self-restraint From Travel Between Prefectures**

Please refrain from non-essential travel between prefectures, within the Tohoku Region/Niigata Prefecture, as well as to Kanto, Kansai and other regions. In addition, please continue to refrain from visiting dine-in restaurants and other establishments located in busy shopping districts.

### **2 Establishing a New Lifestyle**

Please thoroughly implement a new lifestyle to prevent the spread of infection, including avoiding the “three C’s”(closed spaces, crowded places and close-contact settings), washing hands, wearing masks, practicing social distancing and taking measures to decrease the amount of contact between individuals such as working from home and staggered working hours.

**May 8, 2020**

Governor of  
Aomori Prefecture  
MIMURA  
Shingo



Governor of  
Iwate Prefecture  
TASSO  
Takuya



Governor of  
Miyagi Prefecture  
MURAI  
Yoshihiro



Governor of  
Akita Prefecture  
SATAKE  
Norihisa



Governor of  
Yamagata  
Prefecture  
YOSHIMURA  
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Governor of  
Fukushima  
Prefecture  
UCHIBORI  
Masao



Governor of  
Niigata Prefecture  
HANAZUMI  
Hideyo



Mayor of  
Sendai City  
KOHRI Kazuko



Mayor of  
Niigata City  
NAKAHARA  
Yaichi

